

# ਦਫਤਰ ਜਿਲ੍ਹਾ ਸਿੱਖਿਆ ਅਫਸਰ (ਸੈਸਿ) ਗੁਰਦਾਸਪੁਰ

ਵੱਲ

ਸਮੂਹ ਸਕੂਲ ਮੁੱਖੀ  
ਜਿਲ੍ਹਾ ਗੁਰਦਾਸਪੁਰ।

ਪੱਤਰ ਨੰ.ਡੀ.ਐਸ.ਐਸ/2024/ 16616

ਮਿਤੀ ਗੁਰਦਾਸਪੁਰ . 20.06.2024

ਵਿਸਾ-

Gender Sensitization Project (ਚਾਨਣ ਰਿਸ਼ਮਾ) ਪ੍ਰੋਜੈਕਟ ਸਬੰਧੀ।

ਹਵਾਲਾ-

1 )ਮੁੱਖ ਦਫਤਰ ਦੇ ਮੀਮੇ ਨੰ. ਈ-152139/SCERT/ENG/SS/2023/224028-224031 ਮਿਤੀ 11.08.2023 ਦੇ ਸਬੰਧ ਵਿੱਚ।

2)

ਪੱਤਰ ਨੰ.ਡੀ.ਐਸ.ਐਸ /2023/36021 ਮਿਤੀ ਗੁਰਦਾਸਪੁਰ 20.12.2023

1.0

ਉਪਰੋਕਤ ਵਿਸ਼ੇ ਵੱਲ ਧਿਆਨ ਦੇਣ ਦੀ ਖੋਚਲ ਕੀਤੀ ਜਾਵੇ :-

1.1

ਸਾਲ 2022-23 ਤੇ ਸਿੱਖਿਆ ਵਿਭਾਗ ਵੱਲੋਂ ਚਾਨਣ ਰਿਸ਼ਮਾ ਪ੍ਰੋਜੈਕਟ ਚਲਾਇਆ ਗਿਆ ਹੈ। ਜਿਸ ਦੇ ਤਹਿਤ ਛੇਵੀਂ ਤੇ ਅੱਠਵੀਂ ਜਮਾਤ ਦੇ ਵਿਦਿਆਰਥੀਆਂ ਲਈ ਪੰਜਾਬ ਸਕੂਲ ਸਿੱਖਿਆ ਬੋਰਡ ਦੀ ਅੰਗਰੇਜ਼ੀ ਸਵਾਗਤ ਜਿੰਦਗੀ ਅਤੇ ਸਮਾਜਿਕ ਸਿੱਖਿਆ ਦੀ ਪਾਠ ਪੁਸਤਕ ਦੇ ਵਿੱਚ ਇਹ ਵਿਸ਼ਾ ਗਤੀਵਿਧੀਆਂ ਰਾਹੀਂ ਜੋੜਿਆ ਗਿਆ।

1.2

ਸਾਲ 2024-25 ਅਪ੍ਰੈਲ ਤੋਂ ਦਸੰਬਰ ਤੱਕ ਦੀਆਂ ਗਤੀਵਿਧੀਆਂ ਕੈਲੰਡਰ ਅਨੁਸਾਰ ਕਰਵਾ ਕੇ ਸਕੂਲ ਦੇ ਐਸ.ਐਸ. ਮਾਸਟਰ /ਮਿਸਟ੍ਰੈਸ ਵਲੋਂ ਰਿਕਾਰਡ ਰੱਖਿਆ ਜਾਵੇ।(ਕਲੈਂਡਰ ਨੱਥੀ ਹੈ)

1.3

ਚਾਨਣ ਰਿਸ਼ਮਾ ਦੀ ਟੀਮ ਨੂੰ ਸਕੂਲ ਵਿਜਿਟ ਦੌਰਾਨ ਗਤੀਵਿਧੀਆਂ ਦਾ ਰਿਕਾਰਡ ਮਹੁੱਇਆ ਕਰਵਾਉਣਾ ਯਕੀਨੀ ਬਣਾਇਆ ਜਾਵੇ।

1.4

ਚਾਨਣ ਰਿਸ਼ਮਾ ਦੀਆਂ ਗਤੀਵਿਧੀਆਂ ਨੂੰ ਕਰਵਾਉਣ ਵਿੱਚ ਕੋਈ ਵੀ ਅਣਗਿਹਲੀ ਨਾ ਵਰਤੀ ਜਾਵੇ। ਅਣਗਿਹਲੀ ਦੀ ਸੂਰਤ ਵਿੱਚ ਜਿੰਮੇਵਾਰੀ ਸਕੂਲ ਮੁੱਖੀ ਦੀ ਹੋਵੇਗੀ।

ਜਿਲ੍ਹਾ ਸਿੱਖਿਆ ਅਫਸਰ (ਸੈਸਿ)

ਗੁਰਦਾਸਪੁਰ

ਉਪਰੋਕਤ ਦਾ ਉਤਾਰਾ ਸ੍ਰੀ ਗੁਰਨਾਮ ਸਿੰਘ ਡੀ.ਆਰ.ਸੀ (ਪ੍ਰਾਇਮਰੀ) ਨੂੰ ਸੂਚਨਾ ਹਿੱਤ ਭੇਜਿਆ ਜਾਂਦਾ ਹੈ

ਜਿਲ੍ਹਾ ਸਿੱਖਿਆ ਅਫਸਰ (ਸੈਸਿ)

ਗੁਰਦਾਸਪੁਰ

**SOCIAL SCIENCE**  
**Class- 6<sup>th</sup> Session - 2023-24**

Month	Subject	Lesson No.	Name of Lesson
April/ May	Geography	Lesson -1	Earth As a Member of Solar System
		Lesson-2	Motions of The Earth
	History	Lesson-7	Study of Ancient History- Sources
		Lesson -8	Early Man: The Stone Age.  (Chanan Rishman Activity No. 3 <b>The Early Women</b> added in textbook English Medium page no. 72 and Punjabi Medium page no. 91)
		Lesson -9	The Harappan Civilization  (Chanan Rishman Activity No. 4 <b>EFFECTIVE TOWN PLANNING FOR OUR RIGHTS</b> added in textbook English Medium page no. 81 and Punjabi Medium page no. 101)
	Civics	Lesson-18	Community Meet Human Needs  (Chanan Rishman Activity No. 6 <b>FAMILY AS A COMMUNITY</b> added in textbook English Medium page no. 152 & 154 and Punjabi Medium page no. 188 & 190)
July/August	Geography	Lesson 3	Globe: The Model of The Earth
	History	Lesson-10	The Vedic Age
		Lesson-11	India : From 600 B.C. to 400 B.C.
		Lesson-12	The Mauryas And The Sungas
		Lesson-13	India : From 200 B.C. - 300 B.C.
	Civics	Lesson -19	Rural Development and Local Self Government (Chanan Rishman Activity No. 7 <b>BEING LED BY WOMEN</b> added in textbook English Medium page no. 159; 160; 164 and Punjabi Medium page no.

			196 & 203)
October/November	Geography	Lesson -4	How Maps Helps Us  (Chanan Rishman Activity No. 1 <b>LETS MAP OUR SAFETY</b> added in textbook English Medium page no. 34 and Punjabi Medium page no. 43)
		Lesson -5	Realms of The Earth
	History	Lesson-14	The Guptas: Empire
		Lesson-15	The Period of Harshavardhana (600-650 A.D.)  (Chanan Rishman Activity No. 5 <b>GLOBAL EDUCATION AT THE ANCIENT NALANDA UNIVERSITY</b> added in textbook English Medium page no. 127 and Punjabi Medium page no. 158)
		Lesson-16	The Chalukyas And The Pallavas
	Civics	Lesson-20	Urban Development - Local Self Government
December	Geography	Lesson-6	Our India: In world
	History	Lesson-17	India And The World
	Civics	Lesson-21	Public Property and Its Protection  (Chanan Rishman Activity No. 8 <b>CARING FOR OUR SCHOOL PROPERTY UNIVERSITY</b> added in textbook English Medium page no. 182 and Punjabi Medium page no. 228)
January/ February	Revision and exams		
March	Annual Examination		



**SOCIAL SCIENCE**  
**Class- 7<sup>th</sup> Session : 2023-24**

Month	Subject	Lesson No.	Lesson Name
April/May	Geography	L-1	Environment
		L-2	The Internal and External Face of The Earth
	History	L-7	The Medieval India
		L-8	New Kings And Kingdoms
		L-9	Political Developments in South India (A.D.700-1200)
	Civics	L-18	Democracy And Equality
July/August	Geography	L-3	Atmosphere and Temperature
	History	L-10	The Delhi Sultanate  (Chanan Rishman Activity No. 2 <b>PROGRESSIVE RULE &amp; ADMINISTRATION</b> added in textbook English Medium page no. 110 Punjabi Medium page no. 106-107)
		L-11	The Creation of An Empire-The Mughal Empire  ( Chanan Rishman Activity No. 3 <b>PROG NUR-JAHAN IN TODAY_S CONTEXT</b> added in textbook English Medium page no. 134 Punjabi Medium page no. 130)
		L-12	Monumental Architecture
		L-13	Towns, Traders and Craftsmen  (Chanan Rishman Activity No. 4 <b>THE SILENT CONTRIBUTION OF WOMEN ARTISANS TABLE LAGANI HAI</b> added in textbook English Medium page no. 163 Punjabi Medium)
	Civics	L-19	Democracy Representative Institutions
	Geography	L-4	Ocean

<b>October/November</b>		<b>L-5</b>	<b>Natural Vegetation and Wildlife</b>
	<b>History</b>	<b>L-14</b>	<b>Tribes, Nomads and Settled Societies</b>
		<b>L-15</b>	<b>Religious Developments</b>
		<b>L-16</b>	<b>The Development of Regional Cultures</b>
	<b>Civics</b>	<b>L-20</b>	<b>State Government</b>
<b>December</b>	<b>Geography</b>	<b>L-6</b>	<b>Human Environment- Settlements, Means of Transport and Communication</b>  <b>(Chanan Rishman Activity No.1 TRANSPORT &amp; COMMUNICATION FOR ALL added in textbook English page no. 65 Punjabi Medium Page no. 62-63)</b>
	<b>History</b>	<b>L-17</b>	<b>India in the 18<sup>th</sup> Century</b>
	<b>Civics</b>	<b>L-21</b>	<b>Media and Democracy</b>  <b>(Chanan Rishman Activity No. 8 GENDER EQUITY THROUGH MEDIA added in textbook English Medium page no. 245 &amp; 255 Punjabi Medium Page no. 238)</b>
<b>January/February</b>	<b>Revision and Exams</b>		
<b>March</b>	<b>Final Exams</b>		



**Social Science Class : 8<sup>th</sup>**  
**Session 2023-24**

Month	Subject	Lesson No.	Name of Lesson
April/May	Geography	L-1	Resources-Types and Conservation
		L-2	Natural Resources
	History	L-6	When, Where and How
		L-7	The Establishment of the Power of East India Company in India
		L-8	Administrative Structure, Growth of Colonial Army and Civilian Administration
		L-9	Rural Life and Society
	Civics	L-21 22	Constitution and Law  (Chanan Rishman Activity No. 3 <b>BUILDING HARMONY WITH LAW</b> added in textbook English Medium page no. 220 Punjabi Medium page no. 227)
		L-22 27	Importance and Principles and Secularism  (Chanan Rishman Activity No. 4 <b>THE FRAMEWORK OF RIGHTS</b> added in textbook English Medium page no. 223 Punjabi Medium Page no. 235 & 245)
July/August	Geography	L-3	Mineral and Energy Resources
	History	L-10	Colonialism and Tribal Society
		L-11	Handicraft and Industry
		L-12	The Revolt of 1857 A.D
		L-13	The Education and British Rule
		L-14	Women and Reforms
	Civics	L-23	Fundamental Rights, Directive Principles and Fundamental Duties
October/ November	Geography	L-4	Our Agriculture
	History	L-15 16	Challenge to Caste System  (Chanan Rishman Activity No. 2 <b>ENDING CASTE SYSTEM FOR AN EQUAL SOCIETY</b> added in textbook English Medium page no. 169 Punjabi Medium Page no. 174)
		L-16	Colonialism & Urban Change

		L-17	The Changes in Arts, Painting, Literature and Architecture
		L-18	National Movement 1885-1919 A.D.
	Civics	L-24	Parliament-Structure Role and Importance
		L-25	Judiciary and Its special Jurisdiction
December	Geography	L-5	Disaster Management
	History	L-19	National Movement :1919-1947 A.D.
		L-20	India After Independence
	Civics	L-26	Effects of Social Inequalities and Social Justice
		29	(Chanan Rishman Activity No.6 <b>ENDING SOCIAL INEQUALITIES ADD LAW TABLE</b> added in textbook English Medium page no. 247 Punjabi Medium page no. 255)
January/ February	Revision and Exam		
March	Final Exams		